

COMPREHENSIVE DIAGNOSTIC AND TREATMENT APPROACH FOR INFLAMMATORY PERIODONTAL DISEASES IN PATIENTS WITH SYSTEMIC LUPUS ERYTHEMATOSUS

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Abstract: *relevance. Chronic gingivitis and periodontitis in systemic lupus erythematosus is described as one of the earliest and most vivid symptoms of the disease, however, with regard to the characteristics of periodontal pathology in SLE, the literature remains controversial: some authors speak about the long-term preservation of the teeth and the development of a process similar to periodontal disease, while others describe early necrotic changes in periodontal disease and related tooth loss in patients with SLE. Materials and research methods. The study is based on the results of treatment of 122 patients with inflammatory diseases of the mucous membrane of the cavity, admitted to the orthopedic department of the Samarkand Regional Dental Clinic. The patients were divided into two groups. Research results. In the main group of patients during the differentiated methods of complex treatment using a gas ozone-oxygen mixture and sodium hypochlorite solution, no complications were observed, the patients noted the comfort and painlessness of these procedures. This leads to many advantages of their use: direction of action, non-invasiveness and painlessness. Conclusions. Due to the local application and high clinical efficiency of the ozone-oxygen mixture generated by the Prozone device, the need for the use of a number of drugs with undesirable side effects has been significantly reduced. According to ultrasound Doppler ultrasound with dynamic observation, ozone therapy improved blood circulation in the microvasculature by 40%.*

Keywords: *oral mucosa, inflammatory diseases of the oral mucosa, systemic lupus erythematosus, microcirculatory disorders, treatments, quality of life.*

КОМПЛЕКСНЫЙ ПОДХОД К ДИАГНОСТИКЕ И ЛЕЧЕНИЮ ВОСПАЛИТЕЛЬНЫХ ЗАБОЛЕВАНИЙ ПАРОДОНТА У БОЛЬНЫХ СИСТЕМНОЙ КРАСНОЙ ВОЛЧАНКОЙ

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Аннотация: актуальность. Хронический гингивит и пародонтит при системной красной волчанке описывается как один из самых ранних и ярких симптомов заболевания, однако что касается особенностей патологии пародонта при СКВ, литература остается противоречивой: некоторые авторы говорят о длительном сохранении зубов и развитии процесса, аналогичного пародонтозу, в то время как другие описывают ранние некротические изменения при пародонтозе и связанную с ними потерю зубов у пациентов с СКВ. Материалы и методы исследования. Исследование основано на результатах лечения 122 пациентов с воспалительными заболеваниями слизистой оболочки полости, поступивших в ортопедическое отделение Самаркандской областной стоматологической поликлиники. Пациенты были разделены на две группы. Результаты исследований. В основной группе пациентов при дифференцированных методах комплексного лечения с использованием газовой озono-кислородной смеси и раствора гипохлорита натрия не наблюдалось осложнений, пациенты отмечали комфортность и безболезненность данных процедур. Это дает множество преимуществ их использования: направленность действия, неинвазивность и безболезненность. Выводы. Благодаря местному применению и высокой клинической эффективности озono-кислородной смеси, вырабатываемой устройством Prozone, значительно снизилась потребность в применении ряда препаратов с нежелательными побочными эффектами. По данным ультразвуковой доплерографии с динамическим наблюдением, озонотерапия улучшила кровообращение в микрососудистом русле на 40%. **Ключевые слова:** слизистая оболочка полости рта, воспалительные заболевания слизистой оболочки полости рта, системная красная волчанка, нарушения микроциркуляции, лечение, качество жизни.

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Relevance. Chronic inflammatory periodontal diseases remain one of the most common dental pathologies, the cure efficiency of which is still low [1, 2, 5]. Despite the generally recognized role of the microbial factor and occlusive disorders in their development, one of the important aggravating factors of the state of the oral mucosa are somatic disorders [5, 8]. The problem of diagnosing steatogenic pathology is of particular relevance in patients with chronic somatic

diseases of autoimmune genesis, in which their own immunity is sharply weakened [4]. Currently, such signs of lupus are known as lupus- vasculitis on the face in the form of a "butterfly", periorbital petechiae [3, 8], necrotic mouth ulcers. Chronic gingivitis and periodontitis in systemic lupus erythematosus (SLE) is described as one of the earliest and most striking symptoms of the disease, however, with regard to the features of the periodontal pathology in SLE, the literature data remain controversial: some authors (Grinin) talk about the long-term preservation of the periodontaltissues and the development of a process similar to periodontal disease, others [2, 6] describe early necrotic changes in the periodontal and the associated loss of teeth in patients with SLE. With SLE, pronounced immune, rheological, and regenerative disorders in tissues develop quite early, which negatively affects the state of the oral mucosa.

The aim of the study is to improve the diagnosis and treatment of the pathology of the periodontal tissues in patients with systemic lupus erythematosus by correcting microcirculatory disorders in the periodontium.

Material and research methods. The study is based on the results of treatment of 122 patients with inflammatory periodontal diseases admitted to the orthopedic department of the Samarkand Regional Dental Clinic. The patients were divided into two groups. The main group included 84 patients. They had concomitant somatic SLE pathology. In this group of patients, ozone therapy was included in the treatment tactics in order to improve the microcirculation of the periodontal tissues. The comparison group consisted of 38 patients without somatic pathology. All selected patients with SLE met the diagnostic criteria. According to the nature of the course of the underlying disease, SLE patients were: acute course - 15 (17.8%) patients, subacute course - 16 (19.0%), chronic course - 53 (63.1%). SLE had a vivid clinical picture with the involvement of the maxillofacial region, the symptoms of which were clearly visible, sufficiently evident and were verified by doctors. On the skin of the face with SLE, foci of dermatitis were usually found in a characteristic "butterfly" shape - these are hyperemic spots or pronounced telangiectasias with elements of vasculitis.

The patients complained of a feeling of pain, discomfort, sometimes burning in the gums, bad breath, bleeding of the gums when eating or brushing teeth. In the case of a chronic course of SLE lasting at least 5 years, bright hyperemia of the marginal gums and interdental papillae was replaced by a congestive bluish tinge, it was thickened (like roller-like thickenings). In the future, the process progressed like periodontitis with the formation of periodontal pockets, destruction of the tooth-gingival attachment and increased tooth mobility. In severe cases, there was a displacement of the tooth in the dentition, a violation of occlusion. In patients without adequate therapy, destructive phenomena in the periodontium rapidly increased, which were supplemented by necrotic elements of vasculitis, multiple petechiae, and ulcers. As the underlying disease progressed, the tooth - gingival ligament was destroyed and the tooth mobility

increased. The clinical picture of inflammatory-dystrophic changes was combined with destructive changes in the bone tissues surrounding the tooth, characterized by the presence of deep bone "pockets" during a long course of the disease and subsequently causing tooth loss. To determine the degree of general inflammatory activity of the disease, all patients underwent determination of the levels of hemoglobin, leukocytes, immunoglobulins, ESR in the peripheral blood, etc. were carried out in the clinical and immunological in the conditions of the clinical diagnostic laboratory of the 1st clinic of the Samarkand State Medical Institute. Immunological study of blood sera included determination of rheumatoid factor titers by latex agglutination, hemolytic activity of complement, antinuclear factors, quantitative determination of immunoglobulins, circulating immune complexes and other parameters of immunological assessment of SLE.

Patients of the main group underwent ozone therapy. The ozone therapy procedure was carried out using the UOTA-60-01-Medozon apparatus.

Special research methods included a set of objective indicators characterizing the state of teeth and periodontal tissues (for the convenience of mathematical processing of the results, numerical expressions were used using indices). To achieve the goal, gingival biopsies were taken from 28 patients with SLE for morphological study of histological changes in periodontal tissues in SLE. The material was the tissue of the gingival mucosa taken before and after the complex treatment of periodontal diseases using ozone therapy in this group of patients. Ozone therapy was carried out according to generally accepted methods. According to the indications, the patients were prescribed mouthwash with ozonized antiseptics. The study of periodontal soft tissues was carried out before complex treatment and 1-3 months after treatment. Thus, in 12 cases, the material was taken before the treatment of periodontitis. In the second group, 16 biopsies were examined one month after the complex treatment of periodontitis and SLE. The study was carried out in the histological laboratory of the department of histology, embryology and cytology (head of the department, DSc, associate professor Oripov F.S.) of the Samarkand State Medical Institute.

All examined patients with SLE showed degeneration of the epithelial layer of the gums, the presence of vacuoles in the epithelial cells of the surface layer. Focal accumulations of PAS-positive material were noted. These changes may indicate the beginning of the formation of parakeratosis. Along with this, acanthosis was noted, mostly moderate, sometimes pronounced.

Changes in the papillary and reticular layer of the connective tissue stroma were moderately expressed. Swelling and homogenization of collagen fibers was noted. When stained picrofucsin observed 80 pikrinofiliya, while PAS-reaction - the accumulation of a raspberry-red granules. These phenomena are indicative of the accumulation of plasma proteins in the stroma. Quite often, patients with SLE had collagen necrosis with the formation of basophilic deposits in the gum

tissues. The infiltrate contained a large number of plasma cells with the formation of Russel's bodies (in almost all examined patients).

In addition, the mucous membrane of the gums had pronounced features of proliferative processes with signs of dysregeneration due to disturbances in the vascular blood supply and a shift in normal epithelial- stromal relationships that were observed during the duration of the inflammatory process against the background of SLE. On the preparations, this was expressed in the presence of signs of metaplasia and dysplasia of the epithelial layer, some coarsening of the collagen fibers of the stroma with a predominance of the cellular component. So, in some areas in the epithelial layer, a granular layer appeared, indicating the tendency of the multilayer squamous non-keratinizing epithelium to keratinization, intraepithelial the formation of vessels with an edematous thickened wall. In several preparations, zones with signs of mild dysplasia of epithelial cells and loss of vertical anisomorphy inherent in multilayer epithelium were found. The general morphological picture corresponded to a pronounced chronic inflammatory process with the presence of disturbances in the proliferative- reparative relationship, often with signs of exacerbation, the appearance of exudative-necrotic reactions and lesions of small arterial vessels.

Actively treated patients with long-term disease were characterized by sclerosis and hyalinosis of the gingival stroma. The number of fibroblasts increased. These changes were observed in 5 patients.

In the mucous membrane, elements of vasculitis, characteristic of the lupus process, were often determined. In 6 patients, productive vasculitis (mainly capillaritis and venulitis) was revealed. Proliferation of the endothelium, pronounced intratissue edema of the walls of all vessels was noted. PAS staining revealed neutral mucopolysaccharides of plasma origin in the basement membrane. These changes were accompanied by the presence of a large number of lymphohistiocytic elements with an admixture of plasma cells in the perivascular spaces. Productive-destructive vasculitis occurred in 3 patients... The exit of erythrocytes outside the vessel lumen was noted. Hardening of blood vessels occurred in 2 patients with SLE duration of at least 9 years.

All patients with SLE had varying degrees of severity of inflammatory changes in the gums (alterative or productive), which correspond to the morphological picture of chronic gingivitis. Massive diffuse lymphoplasmacytic stromal infiltrates were detected in 3 patients.

Focal lymphohistiocytic infiltrates were observed in 3 patients and minimal - in 4. It should be noted that 5 patients had a nuclear pathology - a pathognomonic sign of lupus. These were patients with III degree of SLE activity. The nuclei of the inflammatory cellular infiltrate in the places of pronounced inflammation were hyperchromic, there were fragments of nuclei up to the formation of "nuclear dust". Necrotic collagen was impregnated with nuclear material and formed basophilic deposits. Exacerbation of the pathological process was manifested by diffuse and diffuse-focal

lymphoplasmacytic infiltration, signs of nuclear pathology, as well as the saturation of the walls of blood vessels and collagen fibers with plasma proteins of the blood.

1 month after the standard treatment of periodontitis with the use of ozone therapy in patients with chronic periodontitis and the presence of SLE II and III activity in the tissues of the marginal periodontium, the signs of a chronic inflammatory process changed, often with an improvement in microcirculation.

In most cases, polymorphic cell and lymphoid infiltration remained, fibrotic changes increased, but mature collagen fibers replaced only a small part of the area against the background of pronounced granulations. There were also noted morphological signs of dysregeneration both from the side of the epithelium and from the side of stromal structures with the presence of collagen fibers of varying degrees of maturity and tinctorial properties.

Thus, microscopic examination of histosections of periodontal tissue with signs of inflammation in patients with SLE and subjected to complex treatment with ozone therapy showed the following changes. The tendency of the inflammatory process to subside with a significant development of the reparative process noted in the description of the drugs, signs of maturation of connective tissue and restoration of the structure of the epithelial lining, persisting changes in the microvascular bed are confirmed by the results of histometric studies.

As a result of a morphological study of the gum tissue in inflammatory periodontal diseases, it can be concluded that against the background of SLE and the presence of lupus microangiopathy on the part of the arterial vessels of the gingival mucosa, complex treatment with ozone therapy leads to a significant decrease in the inflammatory process. Already a month after treatment, most patients showed morphological signs with a subsiding of the inflammatory process, an increase in proliferative reactions, as well as an increase in the degree of blood flow in the microvasculature.

Comparative study of periodontal tissue histosections against the background of inflammatory changes in patients with SLE before and after complex treatment with ozone therapy showed a significant difference in positive changes in dynamics.

Thus, in SLE, the most striking changes were observed in patients with active lupus, as well as with subacute and chronic course of the disease. Typical signs were lymphocytic infiltrates with an admixture of plasma cells, nuclear pathology and productive vasculitis. Exacerbation of the pathological process was manifested by diffuse and diffuse focal lymphoplasmacytic infiltration, signs of nuclear pathology, as well as the saturation of the walls of blood vessels and collagen fibers with plasma proteins of the blood. Remission was characterized by a predominance of stromal and vascular sclerosis. The combination of active inflammation and sclerotic changes reflected the undulating course of the disease and periodically conducted active therapy.

The tactics of treating inflammatory periodontal diseases in patients with SLE and in somatically healthy patients provided for the most individualized approach, considering the data of general and dental status.

The treatment was complex in nature with the use of local effects and systemic measures, which were aimed not only at eliminating the inflammatory process in the periodontium, but also at eliminating the side effects of SLE.

Regardless of the form and stage of the pathological process in the periodontium, local treatment began with a thorough removal of dental plaque. The procedure was performed using a scaler or sharp excavators and hooks. Tartar removal was completed with antiseptic treatment of the gingival margin.

Local treatment of inflammatory diseases of the periodontal tissues in patients with SLE (main group of patients) and without somatic pathology (comparison group) was differentiated. Patients of the comparison group without somatic pathology received local treatment according to the standard.

In catarrhal gingivitis, the first step is to teach the patient how to care for the oral cavity. Tartar and plaque were removed, hygienic measures were prescribed using pastes and rinses, which have anti-inflammatory and anti-exudative effects.

At the edematous stage of hypertrophic gingivitis, the choice of treatment method was determined by etiological factors. After removing dental deposits, it was advisable to resort to therapeutic dressings with steroid ointments, for which they were mixed with artificial dentin powder. As a keratolytic agent, a 30% solution of resorcinol on turunda and a 25% solution of zinc chloride were used. Prescribed rinsing to relieve swelling: sodium chloride solution and chamomile decoction, preparations of the nitrofurane series.

In the fibrous form of hypertrophic gingivitis, surgical excision of the papillae followed by electrocoagulation was performed.

Since the main role in the etiology of ulcerative gingivitis belongs to the microbial factor, the success of treatment largely depended on the local use of antibacterial drugs. Treatment began with antiseptic treatment of the gums using 2% hydrogen peroxide solution, potassium permanganate solution (1: 1000), 0.2% chlorhexidine and furacilin solution. Interdental spaces were treated with turunda, after which they proceeded to a thorough and careful removal of dental plaque. The procedure was performed under application and infiltration anesthesia in the form of aerosols or lidocaine-based ointment. For patients with concomitant SLE in inflammatory periodontal diseases, local therapy was differentiated depending on the severity of the inflammatory process, the nature of the course of the disease and morphological changes in the periodontium.

The developed program for the scoring of factors influencing the choice of treatment in patients with inflammatory periodontal diseases and concomitant SLE made it possible to choose the optimal method of treatment considering the individual characteristics of the organism and improved the results of treatment.

In the main group, 22 (26.2%) patients with a total number of points scored from 2 to 5 received inhalation with an ozone-oxygen mixture. Ozonized liquids, in particular, distilled water and other antiseptics were used as an antiseptic for treating the oral cavity, washing carious cavities and root canals. The use of ozone in combination with prophylactic cleaning of teeth made it possible to achieve a significant improvement in the state of the oral cavity, as evidenced by the positive dynamics of hygiene indices.

Since ozone is a very unstable gas, at room temperature it decomposes into oxygen within a few minutes for effective use it was synthesized at the site of operation. Through f Laconie with antiseptic solution by bubbling was passed ozone-oxygen gas mixture using a clinical setting Ozonizer "Wat-Medozon-60-01" for 10 minutes. 41 (48.8%) patients with scores from 6 to 10 underwent antiseptic treatment of periodontal pockets with an ozone- oxygen gas mixture generated by an apparatus of the Austrian company W&H Prozone, a specialized disposable Perio nozzle, with a mode equivalent to 18 seconds.

When patients scored from 11 to 15 points, in addition to the above procedures, the oral cavity was treated with ozonized 0.06% sodium hypochlorite (NaOCl) solution. There were 21 (25.0%) patients.

Sodium hypochlorite is a strong oxidizing agent and has parameters that are compatible with the internal environment of the body, since it approaches the oxidative function of polymorphonuclear neutrophilic leukocytes in its effect on microorganisms. The bactericidal effect is due to the formation of hypochlorous acid and the release of chlorine gas. And so, in the main group of patients there were differentiated methods of treatment depending on the nature of the course of the inflammatory process in the periodontium and somatic pathology.

Thus, the positive effect of ozone on various cells, structures, metabolic processes is associated with the high role of oxygen and its active forms in the vital activity of the body, which provides a unique opportunity to simultaneously influence various links in the pathogenesis of systemic diseases, in particular, SLE. Thus, the proposed method is a highly effective method of treatment for inflammatory periodontal diseases in patients with SLE against the background of microcirculation disorders in the periodontal tissues, which helps to stabilize the activity of the inflammatory process. In general, the method is cheap and effective, it allows detoxifying the plasma of patients, minimizing the need for donor protein preparations, reducing the risk of possible immune reactions, the risk of infection of the patient with hepatitis B and C viruses, human immunodeficiency virus, cytomegalovirus, and herpes virus.

Thus, practice has shown that the use of sodium hypochlorite in inflammatory periodontal diseases gives better results than the action of other disinfectants. This is due to the distinctive features of the antimicrobial action of hypochlorite. While other antimicrobial agents damage cell membranes or only coagulate proteins, causing bacterial cells to lose metabolic functions, sodium hypochlorite, when in contact with tissue proteins, rapidly decomposes,

releasing atomic chlorine, which, when combined with amino groups, forms chloramine, a widely known disinfectant.

A week after the performed manipulations, the patients subjectively noted a decrease in gum bleeding when brushing their teeth, a prolonged feeling of freshness in the oral cavity. According to the results of intragroup analysis, in both groups, there was a significant change in the indices of hygiene indices (IHFV and OHI-s) and bleeding index (Muhlemann).

According to the data of intergroup analysis, in the main group, significant differences in the values of all indices presented in the table were obtained compared to the comparison group. This indicates a more pronounced clinical effect with the introduction of ozone therapy into the treatment regimen for inflammatory periodontal diseases. The PMA index was used to assess the dynamics of the spread of the inflammatory process in the periodontal tissues. On average, its value before the start of treatment was 56%.

According to the analysis, in the patients of the main group, there was a reduction in the PMA index with an initial OHI-s level on average equal to $2 (3) \pm 0.1$ by 30–40%. In the comparison group, the same indicator was lower by 10%.

The data obtained indicate that the application of ozone therapy creates new conditions leading to an improvement in the level of oral hygiene. Ozone has a pronounced anti-inflammatory effect.

Blood flow velocity curve analysis includes qualitative and quantitative assessments. The qualitative characteristic of the Doppler curve normally changes depending on the type and caliber of the vessel. Mixed blood flow is characterized by a wavy pattern of the colored spectrum without sharp peaks.

After recording the initial parameters of the average linear blood flow velocity (V_{am}), the functional state of the vessels was determined. With a decrease in the parameters of this indicator by 1–1.5 minutes, followed by their recovery by 2.5–3 minutes, vascular function was assessed as normal, with a decrease in indicators of 1–1.5 and 2.5–3 minutes, the function was assessed as decreased, and with an increase in these indicators by 1–1.5 minutes and their absence, their recovery by 2.5–3 minutes, the function was assessed as atypical.

According to the results of the assessment of the functional state of the periodontal vessels, a decrease in the function of the vascular wall prevailed in both groups. After a course of complex therapy with the use of ozone therapy in the main group, according to the repeated study, the functional state of the periodontal vessels returned to normal, the function recovered.

Thus, the use of ozone therapy and sodium hypochlorite solution in the complex treatment of inflammatory periodontal diseases in patients with SLE is highly effective, the developed detoxification method is cheap, and it minimizes the need for donor protein preparations.

Due to the local application and high clinical efficiency of the ozone- oxygen mixture generated by the Prozone device, the need for the use of a number of

drugs with unwanted side effects has been significantly reduced. According to ultrasound Doppler ultrasound with dynamic observation, ozone therapy improved blood circulation in the microvasculature by 40%.

Thus, the data of clinical and functional studies confirm the high anti-inflammatory potential of ozonized liquids used in the complex treatment of periodontitis in patients with SLE. These data made it possible to recommend the method of ozone therapy as an anti-inflammatory component in the complex treatment of inflammatory periodontal diseases.

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