## HOW TO TEACH READING TECHNIQUE

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Abstract: one of the most popular debates in early education is over when children should start learning to read. Some feel that teaching children literacy before kindergarten overworks their brains, while others believe that the earlier a child learns to read, the better. Advocates on both sides of the argument are passionate, and it can be hard to tell which side has it right. As it turns out, the answer is more complex than you might think. Literacy is not just an academic skill but a multifaceted ability with psychological, social, and linguistic components. Although most students won't learn reading fluency until elementary school, children naturally pick up pre-literacy skills from infancy onward.

Keywords: brain, children, ability, reading, skill.

## КАК УЧИТЬ ТЕХНИКУ ЧТЕНИЯ Сапаева М.Ш. (Республика Узбекистан)

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Аннотация: одна из самых популярных дискуссий в раннем образовании - когда дети должны начать учиться читать. Некоторые считают, что обучение детей грамоте перед детским садом перегружает их мозг, а другие считают, что чем раньше ребенок научится читать, тем лучше. Защитники по обе стороны аргумента страстны, и может быть трудно сказать, какая сторона имеет это право. Как оказалось, ответ сложнее, чем вы думаете. Грамотность - это не просто академический навык, а многогранная способность с психологическим, социальным и лингвистическим компонентами. Хотя большинство учеников не научатся беглому чтению до начальной школы, дети, естественно, приобретают навыки до грамотности с младенчества.

**Ключевые слова:** мозг, дети, умение, чтение, умение.

At 7 years old, the child goes to school for the first time. In elementary classes in reading lessons, special attention is paid to testing the reading technique. The student must expressively and without errors read at least 30 words per minute, correctly emphasize, understand the text to be read and retell it. What is the reading technique for children?

**Reasons for the slow reading speed**. Weak RAM when the child forgets the reading after 3-4 words and therefore cannot catch the essence of the sentence. Weak concentration of attention and lack of perseverance.

Little practice. Everything is simple here: we read more - we read better.

Low volume of the operative field of view. You can expand it using Schulte tables.

Lack of interest in reading. Many parents are faced with the question of how to teach a child to love books - and do not find a definite answer. Take a closer look at your child. Who, no matter how mom and dad will be able to determine that in reality will be able to awaken the craving for knowledge and literature in the child? Reading together is the best way to instill love.

**Limited vocabulary**. You need to deal with the child not when problems have already begun, but much earlier - from a very young age. Communicate with the baby on various topics, patiently answer all his questions, talk with enthusiasm, gradually adding new words to the baby's vocabulary. The presence of regression, when small eyes constantly strive to return to the already read word.

**Poor articulation apparatus, poor diction.** The correct pronunciation of all sounds must be worked out before you begin to work hard on speed reading. Dyslexia is a serious, but completely reparable violation. The child loses the ability to master reading skills, but at the same time the general ability to learn is preserved. In this case, it is best to contact qualified specialists - a pathologist and speech therapist. The causes of dyslexia are reading disorders.

**Useful tips for parents**. How to teach your child to read fluently in grade 1? The solution to this problem depends on what exactly is the main reason for the low read speed. Is it necessary to teach a child to read before school? If after the first test of the reading technique at school it turned out that your child does not read fluently enough, be patient and persistent. And before moving on to specific exercises to improve your reading speed, take a few tips:

- **Tip 1.** Classes should be regular. You will not get a decent result if you devote time to reading with your child only occasionally. Do not stop studying during the holidays, even when the school year ends.
- **Tip 2.** It is important to have the right attitude. How to teach a child to love to read if parents themselves are dismissive of this lesson? Think of reading as something very exciting, then the child will be happy to engage.
  - **Tip 3**. Try to select literature with colorful pictures and capital letters.
- **Tip 4**. Classes can be held not only at home. Take a book with you to the clinic, to visit. In the summer, go read in the park get double benefit.
- **Tip 5**. Be sure to consider the nature of the child. It is much more difficult to interest a book with a fidget. He will be more often distracted, but scolding the child for this should not be. Take longer breaks between classes, and also show imagination. You can teach your child to read in a playful way.
- **Tip 6**. Before you start the lesson, think it through carefully, study the material. Only offer books to the child whose contents you have learned enough.

**Tip 7**. Pay attention not only to the speed of reading, but also to whether the child understands the meaning of the text. Ask him to explain the material he has read, prompt him, push him to the necessary thought.

**Tip 8**. To teach your child to read enthusiastically, with interest, take a creative approach to the learning process: play scenes from works, draw your favorite characters, and come up with different finale options. On the benefits of family reading By following these tips, you can easily accustom your child to the book and improve his reading technique. Select one or more of the options below.

Activities. During the lesson, sit next to the child with his favorite doll, toy and offer to entertain with an interesting book. Also, the baby can read bedtime stories for a teddy bear or a hare. In the role of teacher or parent, children feel more confident, more important, therefore, reading is easier. Reading toys is an exciting game of Rationality. It is difficult for young children to give long texts, even if they are very fascinating. Therefore, in order not to provoke fatigue from reading and not to discourage the desire to completely, pick up a few short but interesting stories. Intrigue before going to bed. Invite your child to read a little before bedtime. Mark the place in the book to which he must read. Choose an intriguing moment in the plot. But so that the child's sleep is calm, do not offer him books about the monster witches, ghosts and witches. You cannot be punished for not succeeding in reading the tongue twisters. With the help of tongue twisters, the speech apparatus is trained. This is a very useful activity even for those children who have long been able to pronounce all sounds.

**Bookmark.** This useful little thing is intended not only to mark the page on which you stopped reading. Speech therapists are also advised to use it to combat the so-called regression (when the child "looks back" at what has already been read). Once the word is read, just cover it with a bookmark. Over time, such a habit in the child will disappear, the speed of reading will increase.

**Reading "in between."** You can read not only books. During the walk, study the signs of stores, in the clinic, consider useful posters about diseases and their prevention. Theater and cinema. In many literary works, magnificent films were made and performances staged. After the child reads the book, invite him to look at the performance in the theater and compare whether he imagined the main characters. You can also do the opposite: first go to the cinema or to a play, and then read the book together. So your child will not only learn to read, but also correctly and beautifully express his thoughts. Schulte tables for speed reading.

**Schulte table**. It was said above that such a table helps to expand the scope of the field of operational vision, to learn to read well. It looks like a square, which is laid out in 25-30 cells of equal size. Numbers (or letters) are randomly entered into these cells. The task of the child is to find all the numbers in order as quickly as possible. You read an article on how to teach a child to read quickly. But remember: no matter what class option you choose, the most important thing that parents should understand is that you can instill in children a love of books only with your own example. Read it yourself, discuss interesting books at a family dinner, visit the library as a family, and your child will not only learn to read fluently, but will do it with pleasure.

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